

# Differently-Abled Characters

## Recommended Teen Reads

- Al Capone Does My Shirts*, by Gennifer Choldenko (autism)
- One*, by Sarah Crossan (conjoined twins)
- How to Say I Love You Out Loud*, by Karole Cozzo (autism)
- Michael Vey*, by Richard Paul Evans (Tourette Syndrome)
- Girls Like Us*, by Gail Giles (developmental disabilities)
- Curious Incident of the Dog in the Nighttime*, by Mark Haddon (autism)
- Push Girl*, by Chelsie Hill (wheelchair)
- Five Flavors of Dumb*, by Antony John (deafness)
- Not If I See you First*, by Eric Lindstrom (blindness)
- The Giver series*, by Lois Lowry (blindness; physical impairment)
- Inside Out*, by Ann Martin (autism)
- Say What you Will*, by Cammie McGovern (cerebral palsy)
- A Step Toward Falling*, by Cammie McGovern (developmental disabilities)
- Petey*, by Ben Mikaelson (cerebral palsy)
- Sacred Lives of Minnow Bly*, by Stephanie Oakes (physical impairment)
- Wonder*, by Raquel Palacio (physical impairment)
- Freak the Mighty*, by Rodman Philbrick (learning disability)
- Hurt Go Happy*, by Ginny Rorby (deafness)
- Marcelo in the Real World*, by Francisco Stork (autism)
- So B. It*, by Sarah Weeks (developmental disability)
- Cruise Control*, by Terry Trueman (cerebral palsy)
- A Time To Dance*, by Padma Venkatraman (artificial leg)



# Characters with Mental Illness

- The Impossible Knife of Memory*, by Laurie Halse Anderson (PTSD)
- Law of Loving Others*, by Kate Axelrod (schizophrenia)
- Total Constant Order*, by Crissa-Jean Chappell (OCD)
- I'll Meet You There*, by Heather Demetrios (PTSD)
- Under Rose-Tainted Skies*, by Louise Gornall (OCD)
- OCD: A Love Story*, by Corey Ann Haydu (OCD)
- Finding Audrey*, by Sophie Kinsella (anxiety)
- Whisper to Me*, by Nick Lake (schizophrenia)
- Shackled*, by Tom Leveen (panic disorder and PTSD)
- A Mango-Shaped Space*, by Wendy Mass (synesthesia)
- The Rest of Us Live Here*, by Patrick Ness (OCD)
- Dr. Bird's Advice for Sad Poets*, by Evan Roskos (depression and anxiety)
- Fig*, by Sarah Schantz (schizophrenia)
- Your Voice is All I Hear*, by Leah Scheier (PTSD)
- Challenger Deep*, by Neal Shusterman (schizophrenia)
- Stop Pretending*, by Sonya Sones (mental breakdown)
- Every Last Word*, by Tamara Ireland Stone (OCD)
- Inside Out*, by Terry Trueman (schizophrenia)
- OCD, the Dude, and Me*, by Lauren Vaughn (OCD)
- Footer Davis is Might Be Probably Is Crazy*, by Susan Vaught (bipolar disorder)
- Trigger*, by Susan Vaught (suicide)
- Don't Touch*, by Meredith Wilson (OCD)
- Made You Up*, by Francesca Zappia (schizophrenia)

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