

Realistic Fiction: Real Teens, Real Problems

Recommended Teen Reads

Abuse

Riding Invisible by Sandra Alonzo

Split by Swati Avasthi

Revenge of a Not-So-Pretty Girl by Carolita Blythe

Bitter End by Jennifer Brown

Stay by Deb Caletti

These Gentle Wounds by Helene Dunbar

Suckerpunch by David Hernandez

Cut Me Free by J.R. Johansson

Chasing Tail Lights by Patrick Jones

Breath to Breath by Craig Lew

Lily and Taylor by Elise Moser

The Girl Who Fell by S.M. Parker

Still Waters by Ash Parsons

Stronger Than You Know by Jolene Perry

Unspeakable by Michelle K. Pickett

Eleanor and Park by Rainbow Rowell

Okay for Now by Gary D. Schmidt

Falling for You by Lisa Schroeder

Stick by Andrew Smith

Beauty of the Broken by Tawni Waters



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Drugs

Flesh and Bone by William Alton

Lucy in the Sky by Anonymous

White Lines by Jennifer Banash

Dreaming of Antigone by Robin Bridges

Thicker Than Water by Kelly Fiore

Kindness for Weakness by Shawn Goodman

Pearl by Deirdre Riordan Hall

Crank by Ellen Hopkins

Raiders Night by Robert Lipsyte

Virtuosity by Jessica Martinez

Bottled Up by Jaye Murray

Recovery Road by Blake Nelson

Black City by Elizabeth Richards

Last Night I Sand to the Monster by Benjamin Alire Saenz

Love You Hate You Miss You by Elizabeth Scott

Tripping Back Blue by Kara Storti

Survive the Night by Danielle Vega

Beneath a Meth Moon by Jacqueline Woodson



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Bullying

Jeremy Stone by Lesley Choyce

Keep Holding On by Susane Colasanti

Can't Look Away by Donna Cooner

Cheating for the Chicken Man by Priscilla Cummings

Press Play by Eric Devine

Boy on the Edge by Fridrik Erlings

Symptoms of Being Human by Jeff Garvin

Rites of Passage by Joy N. Hensley

Dead Ends by Erin Jade Lange

Backlash by Sarah Darer Littman

The Truth About Alice by Jennifer Mathieu

Beau, Lee, the Bomb, and Me by Mary McKinley

Yaqui Delgado Wants to Kick Your Ass by Meg Medina

Freak by Marcella Pixley

The Fall by James Preller

Young Man With Camera by Emil Sher

Some Girls Are by Courtney Summers

Because You'll Never Meet Me by Leah Thomas

Picture Me by Lori Weber

Jumped by Rita Williams-Garcia



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Eating Disorders

Wintergirls by Laurie Halse Anderson

Letting Ana Go by Anonymous

Sacred by Elana K. Arnold

Tiny Pretty Things by Sona Charaipotra and Dhonielle Clayton

What Happens Next by Colleen Clayton

Perfect by Natasha Friend

Paperweight by Meg Haston

Be-liev-a-rex-ic by J.J. Johnson

Hunger by Jackie Morse Kessler

Butter by Erin Jade Lange

Faerie by Eisha Marjara

A Trick of the Light by Lois Metzger

Not Otherwise Specified by Hannah Moskowitz

Skin by Adrienne Maria Vrettos

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Pregnancy

Love and Haight by Susan Carlton

Me, Him, Them, and It by Caela Carter

How to Love by Katie Cotugno

Searching for Beautiful by Nyrae Dawn

Immaculate by Katelyn Detweiler

After by Amy Efaw

Ask Me How I Got Here by Christine Heppermann

Anything You Want by Geoff Herbach

The First Part Last by Angela Johnson

Things I Can't Forget by Miranda Kenneally

In Trouble by Ellen Levine

How It Ends by Catherine Lo

Fingerprints of You by Kristen-Paige Madonia

The Space Between Us by Jessica Martinez

Bumped by Megan McCafferty

Gabi, A Girl in Pieces by Isabel Quintero

A Sense of the Infinite by Hilary T. Smith

What You Left Behind by Jessica Verdi

Impossible by Nancy Werlin

How to Save a Life by Sara Zarr



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Self-harm/Suicide

Thirteen Reasons Why by Jay Asher

Undone by Cat Clarke

Playlist for the Dead by Michelle Falkoff

I Was Here by Gayle Forman

The Last Time We Say Goodbye by Cynthia Hand

And We Stay by Jenny Hubbard

Rage by Jackie Morse Kessler

The After Girls by Leah Konen

Kiss of Broken Glass by Madeleine Kuderick

Random by Tom Leveen

Cut by Patricia McCormick

All the Bright Places by Jennifer Niven

By the Time You Read This, I'll Be Dead by Julie Anne Peters

Forgive Me, Leonard Peacock by Matthew Quick

The Sister Pact by Stacie Ramey

The View From Who I Was by Heather Sappenfield

Impulse by Ellen Hopkins

Orchards by Holly Thompson

Trigger by Susan Vaught

My Heart and Other Black Holes by Jasmine Warga



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Sexual Assault

Some Boys by Patty Blount

Hush by Eishes Chayil

Pointe by Brandy Colbert

Until Today by Pam Fluttert

Firsts by Laurie Elizabeth Flynn

Every Last Promise by Kristin Halbrook

Traffick by Ellen Hopkins

Exit, Pursued by a Bear by E.K. Johnston

The Gospel of Winter by Brandon Kiely

Boy Toy by Barry Lyga

The Word for Yes by Claire Needell

Consent by Nancy Ohlin

Asking For It by Louise O'Neill

We are the Goldens by Dana Reinhardt

Uses for Boys by Erica Lorraine Scheidt

The Way I Used to Be by Amber Smith

Faking Normal by Courtney C. Stevens

All the Rage by Courtney Summers

I Hadn't Meant to Tell You This by Jacqueline Woodson

This is Where the World Ends by Amy Zhang



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