

# Differently-Abled Characters

*Six of Crows* by Leigh Bardugo (physical impairment)  
*Al Capone Does My Shirts*, by Gennifer Choldenko (autism)  
*One*, by Sarah Crossan (conjoined twins)  
*How to Keep Rolling After a Fall*, by Karole Cozzo (wheelchair)  
*How to Say I Love You Out Loud*, by Karole Cozzo (autism)  
*The One Thing*, by Marci Lyn Curtis (blindness)  
*Blind* by Rachel DeWoskin (Blindness)  
*Out of My Mind* by Sharon Draper (cerebral palsy)  
*Michael Vey*, by Richard Paul Evans (Tourette Syndrome)  
*You're Welcome, Universe* by Whitney Gardner (deafness)  
*Girls Like Us*, by Gail Giles (developmental disabilities)  
*Curious Incident of the Dog in the Nighttime*, by Mark Haddon (autism)  
*Girl, Stolen* series, by April Henry (blindness)  
*Push Girl*, by Chelsie Hill (wheelchair)  
*Five Flavors of Dumb*, by Antony John (deafness)  
*Wired Man and Other Freaks of Nature*, by Sashi Kaufman (partial deafness)  
*Run*, by Kody Keplinger (legally blind)  
*Stepping Out*, by Laura Langston (physical impairment)  
*Things I Should Have Known*, by Claire LaZebnik (autism)  
*Not If I See you First*, by Eric Lindstrom (blindness)  
*The Giver series*, by Lois Lowry (blindness; physical impairment)  
*Inside Out*, by Ann Martin (autism)  
*Say What you Will*, by Cammie McGovern (cerebral palsy)  
*A Step Toward Falling*, by Cammie McGovern (developmental disabilities)  
*Petey*, by Ben Mikaelson (cerebral palsy)

Recommended Teen Reads



# Differently-Abled Characters

- Revenge and the Wild*, by Michelle Modesto (physical impairment)
- The Arsonist*, by Stephanie Oakes (epilepsy)
- Sacred Lives of Minnow Bly*, by Stephanie Oakes (physical impairment)
- The Call*, by Peadar O'Guilin (physical impairment)
- Wonder*, by Raquel Palacio (physical impairment)
- Freak the Mighty*, by Rodman Philbrick (learning disability; physical impairment)
- Hurt Go Happy*, by Ginny Rorby (deafness)
- 100 Sideways Miles*, by Andrew Smith (epilepsy)
- Love at F1rst Sight*, by Josh Sundquist (blindness)
- Marcelo in the Real World*, by Francisco Stork (autism)
- Because You'll Never Meet Me* by Leah Thomas (physical impairment)
- Nowhere Near You*, by Leah Thomas (severe allergy; deafness; physical impairment)
- Cruise Control*, by Terry Trueman (cerebral palsy)
- A Time To Dance*, by Padma Venkatraman (artificial leg)
- Ascending the Boneyard*, by C.G. Watson (wheelchair)
- So B. It*, by Sarah Weeks (developmental disability)
- Are You Alone on Purpose?* –Nancy Werlin (autism and wheelchair)
- Queens of Geek* by Jen Wilde (autism)
- Odd and True*, by Cat Winters (physical impairment; chronic pain)
- She, Myself, and I* by Emma Young
- All In Pieces*, by Suzanne Young (intellectual disability)

Recommended Teen Reads



# Characters with Mental Illness

*The Wicker King*, by Kayla Ancrum (pyromania and hallucinations)

*The Impossible Knife of Memory*, by Laurie Halse Anderson (PTSD)

*Madness*, by Zac Brewer (depression and suicide)

*Life Inside My Mind: 31 Authors Share Their Personal Struggles*, edited by Jessica Burkhart (various mental illnesses)

*Love is Both Wave and Particle*, by Paul Cody (various mental illnesses)

*The Temptation of Adam*, by Dave Connis (addiction)

*I'll Meet You There*, by Heather Demetrios (PTSD)

*Something Like Normal*, by Trish Doller (PTSD)

*Ten Miles One Way*, by Patrick Downes (bipolar disorder)

*No Love Allowed*, by Kate Evangelista (bipolar disorder)

*The Weight of Zero*, by Karen Fortunati (bipolar disorder)

*Lessons in Falling*, by Diana Gallagher (suicide)

*Follow Me Back*, by A.V. Geiger (agoraphobia)

*Under Rose-Tinted Skies*, by Louise Gornall (OCD)

*Breaking Faith*, by E. Graziani (addiction)

*I Crawl Through It*, by A.S. King (anxiety)

*Finding Audrey*, by Sophie Kinsella (anxiety)

*Whisper to Me*, by Nick Lake (schizophrenia)

*Shackled*, by Tom Leveen (panic disorder and PTSD)

*The Most Dangerous Thing*, by Leanne Lieberman (depression)

*A Tragic Kind of Wonderful*, by Eric Lindstrom (bipolar disorder)

*When We Collided*, by Emery Lord (depression)

*A Mango-Shaped Space*, by Wendy Mass (synesthesia)

Recommended Teen Reads



# Characters with Mental Illness

*The Place Between Breaths*, by An Na (schizophrenia)

*The Rest of Us Just Live Here*, by Patrick Ness (OCD)

*All the Bright Places*, by Jennifer Niven (anxiety, depression, suicide)

*Dr. Bird's Advice for Sad Poets*, by Evan Roskos (depression and anxiety)

*Fans of the Impossible Life*, by Kate Scelsa

*Your Voice is All I Hear*, by Leah Scheier (PTSD)

*Schizo*, by Nic Sheff (schizophrenia)

*Challenger Deep*, by Neal Shusterman (schizophrenia)

*Stop Pretending*, by Sonya Sones (mental breakdown)

*Every Last Word*, by Tamara Ireland Stone (OCD)

*Inside Out*, by Terry Trueman (schizophrenia)

*It's Kind of a Funny Story*, by Ned Vizzini (depression)

*Words on Bathroom Walls*, by Julia Walton (schizophrenia)

*Highly Illogical Behavior*, by John Corey Whaley (agoraphobia)

*Love and Other Alien Experiences*, by Kerry Winfrey (agoraphobia)

*Made You Up*, by Francesca Zappia (schizophrenia)

Recommended Teen Reads



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