

# Realistic Fiction: Real Teens, Real Problems

## Abuse

*Split* by Swati Avasthi

*Bitter End* by Jennifer Brown

*Stay* by Deb Caletti

*We Can't Be Friends* by Cyndy Etler

*Blood Family* by Anne Fine

*Now is Everything* by Amy Giles

*Paper Butterflies* by Lisa Heathfield

*Lizzie* by Dawn Ius

*Cut Me Free* by J.R. Johansson

*Breath to Breath* by Craig Lew

*Little Wrecks* by Meredith Miller

*Lily and Taylor* by Elise Moser

*The Girl Who Fell* by S.M. Parker

*Stronger Than You Know* by Jolene Perry

*Unspeakable* by Michelle K. Pickett

*A List of Cages* by Robin Roe

*Eleanor and Park* by Rainbow Rowell

*The Dangerous Art of Blending In* by Angelo Surmelis

*Falling for You* by Lisa Schroeder

*Beauty of the Broken* by Tawni Waters

Recommended Teen Reads



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Recommended Teen Reads

## Drugs

*Flesh and Bone* by William Alton

*Out of Reach* by Carrie Arcos

*Leap of Faith* by Jamie Blair

*Dreaming of Antigone* by Robin Bridges

*Fix Me* by Lisa M. Cronkhite

*I Like You Like This* by Heather Cumiskey

*Thicker Than Water* by Kelly Fiore

*Breaking Faith* by E. Graziani

*Pearl* by Deirdre Riordan Hall

*Looking for Group* by Rory Harrison

*Crank* by Ellen Hopkins

*Virtuosity* by Jessica Martinez

*Bottled Up* by Jaye Murray

*Recovery Road* by Blake Nelson

*All Out of Pretty* by Ingrid Palmer

*Glitter* by Aprilynne Pike

*Black City* by Elizabeth Richards

*Far From You* by Tess Sharpe

*Survive the Night* by Danielle Vega



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## Recommended Teen Reads

### **Bullying**

*Keep Holding On* by Susane Colasanti

*Can't Look Away* by Donna Cooner

*Cheating for the Chicken Man* by Priscilla Cummings

*Dead Little Mean Girl* by Eva Darrows

*Gutless* by Carl Deuker

*Press Play* by Eric Devine

*He Who Dreams* by Melanie Florence

*Symptoms of Being Human* by Jeff Garvin

*Get It Together Delilah!* by Erin Gough

*Grendel's Guide to Love and War* by A.E. Kaplan

*Backlash* by Sarah Darer Littman

*The Truth About Alice* by Jennifer Mathieu

*Beau, Lee, the Bomb, and Me* by Mary McKinley

*Yaqui Delgado Wants to Kick Your Ass* by Meg Medina

*The Fall* by James Preller

*Don't Tell, Don't Tell, Don't Tell* by Liane Shaw

*Young Man With Camera* by Emil Sher

*The Boy Who Killed Grant Parker* by Kat Spears

*This is How it Happened* by Paula Stokes

*Some Girls Are* by Courtney Summers



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Recommended Teen Reads

## Eating Disorders

*The Sky Between You and Me* by Catherine Alene

*Wintergirls* by Laurie Halse Anderson

*Sacred* by Elana K. Arnold

*What I Lost* by Alexandra Ballard

*Tiny Pretty Things* by Sona Charaipotra and Dhonielle Clayton

*What Happens Next* by Colleen Clayton

*Consumed* by Abbie Rushton

*Someone to Love* by Melissa de la Cruz

*Sad Perfect* by Stephanie Elliot

*Perfect* by Natasha Friend

*Be-liev-a-rex-ic* by J.J. Johnson

*My Demon's Name is Ed* by Danah Khalil

*Hunger* by Jackie Morse Kessler

*Butter* by Erin Jade Lange

*Faerie* by Eisha Marjara

*The Art of Starving* by Sam J. Miller

*Not Otherwise Specified* by Hannah Moskowitz

*This Impossible Light* by Lily Myers

*Four Weeks, Five People* by Jennifer Yu



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Recommended Teen Reads

## Pregnancy

*The Inconceivable Life of Quinn* by Marianna Baer

*Me, Him, Them, and It* by Caela Carter

*How to Love* by Katie Cotugno

*Searching for Beautiful* by Nyrae Dawn

*Immaculate* by Katelyn Detweiler

*After* by Amy Efaw

*How Not to Disappear* by Clare Furniss

*Ask Me How I Got Here* by Christine Heppermann

*Anything You Want* by Geoff Herbach

*How It Ends* by Catherine Lo

*The Space Between Us* by Jessica Martinez

*Bumped* by Megan McCafferty

*Gabi, A Girl in Pieces* by Isabel Quintero

*A Sense of the Infinite* by Hilary T. Smith

*A Small Madness* by Dianne Touchell

*What You Left Behind* by Jessica Verdi

*The Long Ride Home* by Tawni Waters

*Water in May* by Ismée Amiel Williams

*How to Save a Life* by Sara Zarr



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Recommended Teen Reads

## Self-harm/Suicide

*Madness* by Zac Brewer

*Undone* by Cat Clarke

*Playlist for the Dead* by Michelle Falkoff

*I Was Here* by Gayle Forman

*Girl in Pieces* by Kathleen Glasgow

*The Last Time We Say Goodbye* by Cynthia Hand

*And We Stay* by Jenny Hubbard

*Rage* by Jackie Morse Kessler

*Art Girls Are Easy* by Julie Klausner

*The After Girls* by Leah Konen

*Random* by Tom Leveen

*Breaking* by Danielle Rollins

*All the Bright Places* by Jennifer Niven

*The Astonishing Color of After* by Emily X.R. Pan

*By the Time You Read This, I'll Be Dead* by Julie Anne Peters

*Forgive Me, Leonard Peacock* by Matthew Quick

*The Sister Pact* by Stacie Ramey

*Miles Away From You* by A.B. Rutledge

*The View From Who I Was* by Heather Sappenfield

*My Heart and Other Black Holes* by Jasmine Warga



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Recommended Teen Reads

## Sexual Assault

*Girl Made of Stars* by Ashley Herring Blake

*Good and Gone* by Megan Frazer Blakemore

*Some Boys* by Patty Blount

*Honor Code* by Kiersi Burkhart

*Hush* by Eishes Chayil

*Pointe* by Brandy Colbert

*Firsts* by Laurie Elizabeth Flynn

*The Pain Eater* by Beth Goobie

*Every Last Promise* by Kristin Halbrook

*Traffick* by Ellen Hopkins

*Exit, Pursued by a Bear* by E.K. Johnston

*Tradition* by Brendan Kiely

*Boy Toy* by Barry Lyga

*What I Leave Behind* by Alison McGhee

*The Word for Yes* by Claire Needell

*Consent* by Nancy Ohlin

*Asking For It* by Louise O'Neill

*The Nowhere Girls* by Amy Reed

*The Way I Used to Be* by Amber Smith

*All the Rage* by Courtney Summers



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## Recommended Teen Reads

### Immigrants/Immigration/Refugees

*A Land of Permanent Goodbyes* by Atia Abawi

*The Go-Between* by Veronica Chambers

*We Come Apart* by Sarah Crossan and Brian Conaghan

*Something in Between* by Melissa de la Cruz

*The Good Braider* by Terry Farish

*Juan Pablo and the Butterflies* by J.J. Flowers

*Angel de la Luna and the 5th Glorious Mystery* by M. Evelina Galang

*Refugee* by Alan Gratz

*Before You* by Amber Hart

*Crossing the Wire* by Will Hobbs

*Flowers in the Sky* by Lynn Joseph

*Dream Things True* by Marie Marquardt

*The Radius of Us* by Marie Marquardt

*Sadia* by Colleen Nelson

*You Bring the Distant Near* by Mitali Perkins

*The Alex Crow* by Andrew Smith

*Hold Tight, Don't Let Go* by Laura Rose Wagner

*The Sun is Also a Star* by Nicola Yoon

*Out of the Dragon's Mouth* by Joyce Burns Zeiss

*American Street* by Ibi Zoboi



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